



A.H.M.'s

ANJUMAN ARTS, SCIENCE AND COMMERCE COLLEGE, BHATKAL
(AFFILIATED TO THE KARNATAKA UNIVERSITY, DHARWAD)
Accredited "B" Grade by NAAC

15. WOMEN'S HEALTH CONCERNS

Anjuman Hami-E-Muslimeen's
**ANJUMAN ARTS, SCIENCE, COMMERCE COLLEGE
& P.G. CENTRE, BHATKAL**

WOMEN HEALTH CONCERNS

Resource Person :
DR. NUTHAN K.P. Consultant Obs/Gyn
Life Care DIAGNOSTIC & HEALTH CENTRE, BHATKAL

Place: College Function Hall, DATE: 05-08-2023, TIME :10:30AM



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Seminar Report: Women's Health Concerns

Date: 5th August 2023

Time: 11:00 am - 12:30 pm

Venue: Function Hall at Anjuman Degree College

The seminar on women's health concerns was successfully conducted on the 5th of August 2023, featuring Dr. Nuthan KP, an Obstetrics and Gynecology consultant from Life Care Diagnostic Centre, as the resource person. The program aimed to shed light on various aspects of women's health, covering topics related to sexual and reproductive health, nutrition, and mental/emotional well-being.

The event began with an opening Quranic recitation by Ms. Ayesha, a student from BSc 6th semester. Prof. Poornima welcomed the participants and set the tone for the informative sessions that followed. The program was ably anchored by Nain from BSc 6th semester and Pooja from BA 6th semester.

The seminar was divided into three distinct parts, each focusing on critical aspects of women's health:

Part 1: Sexual and Reproductive Health Concerns

- Menstruation: Discussion about menstrual health, hygiene, and common concerns.
- PCOS (Polycystic Ovarian Syndrome): Addressing PCOS as a lifestyle disorder and its implications.
- PAP Smear Test: Understanding the importance of PAP smear tests in detecting cervical cancer.
- HPV Vaccine: Emphasizing the significance of HPV vaccination for cervical cancer prevention.

Part 2: Nutritional Concerns

- Anemia: Highlighting the issue of hemoglobin deficiency and its impact on women's health.
- Eating Disorders: Addressing eating disorders and their effects on overall well-being.
- Undernutrition and Overweight Issues: Discussing the challenges posed by both undernutrition and overweight problems.

Part 3: Mental and Emotional Health

- Depression: Exploring the topic of depression and its prevalence among women.
- Body Image Disorder: Shining a light on body image concerns and their psychological impact.

The informative sessions were followed by an interactive Q&A session, providing attendees with an opportunity to seek clarifications and engage in discussions with Dr. Nuthan KP.

The program was presided over by Prof. Pavitra Naik, the Head of the Political Science department, and witnessed the presence of distinguished faculty members including Prof. Bushra KV, Dr. Shantashri, Prof. Malathi, and Prof. Niha. Their support and involvement added value to the seminar, making it a holistic learning experience.

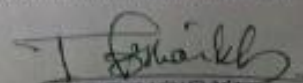
The seminar concluded with Prof. Malathi presenting a memento to Dr. Nuthan KP as a token of appreciation for her valuable insights and contributions to the event.

The seminar on women's health concerns proved to be an insightful and engaging session, offering attendees a comprehensive understanding of critical health issues that women face across various domains. It not only highlighted the challenges but also provided possible solutions and preventive measures. The participation of students and faculty members ensured a successful and impactful event.

Report by student welfare officer

Prof. M Ganim




Prof. M.K.Shaikh

Anjuman Arts, Science & Commerce College
& P.G. Centre
BHATKAL-581 320